



POWERFUL HEALING • INSTANT RELIEF

[www.doctorbutlers.com](http://www.doctorbutlers.com)

## Doctor Butler's Treat+Protect Bundle Product Information Sheet

Need to purchase the regimen? [Click here](#) to add both products to your cart and receive 10% off on doctorbutlers.com

Our **Treat+Protect Bundle** is our most complete regimen for a combination of chronic hemorrhoids and chronic tears (aka fissures). This treatment regimen contains our Maximum Strength and Advanced ointments.

### How to Use

Use our Maximum Strength formula until swelling has been reduced. Use our Advanced formula for two weeks after that.

1. Start by applying our Maximum Strength formula as explained in [this guide](#). You can use this [instructional video](#) as a guide as well. Follow the tips listed on the next page for holistic recommendations to keep in mind as you continue treatment.
2. Continue use until the swelling of hemorrhoids has gone down significantly. This may only take three days and up to two weeks.
3. Once swelling is gone, apply our Advanced Protection & Prevention Formula to the skin of the anal canal (the two inches of skin lining the inside of your anus opening) and on the outside of the anal opening, wherever tears are present.
4. Continue use until tears have started to heal and are no longer irritated by bowel movements, for up to two weeks. If tears, swelling, bleeding or uncomfortable symptoms exists longer than that, we recommend scheduling a visit to your doctor to discuss the possibility of underlying conditions.

# TREAT

stops swelling & pain



# PROTECT

lets skin heal



### Questions?

For any questions or concerns, please get in touch at [www.doctorbutlers.com/contact](http://www.doctorbutlers.com/contact)

## Additional information

Thank you for considering Doctor Butler's for your hemorrhoid treatment needs. Please visit [doctorbutlers.com](http://doctorbutlers.com) to learn about current promotions, treatment tips and product samples. You can also learn about Dr. Robert Cutler, our product developer and a board-certified Proctologic Surgeon with more than 30 years of patient experience. Doctor Butler's hemorrhoid treatments contain Dr. Cutler's *bio-enhanced* formula designed to promote healing with a blend of plant, mineral, amino acid and essential oil ingredients. Use this regimen in combination with Doctor Butler's 7 Step Treatment Plan on the next page for best results.

**Satisfaction Guarantee:** We completely stand behind our products with a 30-day satisfaction guarantee. Contact us at [support@doctorbutlers.com](mailto:support@doctorbutlers.com) with your order number if you'd like a refund. Please realize that some conditions require 1-2 weeks of treatment to start seeing optimal benefits. If your condition does not improve after applying Doctor Butler's as directed, your condition may be too advanced and not within the intended use of any over the counter treatment. In this case, it is recommended you schedule an evaluation with a physician.

## Doctor Butler's 7 Step Treatment Plan To "Leave the Pain Behind"

1. Use Doctor Butler's upon waking up, after your first bowel movement, before bed, and one additional time per day, for a total of up to four times a day. Follow directions in the How to Use section above.
2. Drink 6-8 glasses of water daily and follow a high fiber diet which includes whole wheat cereals, bran, fruits and vegetables. Try to limit spicy foods, nuts, seeds, corn, popcorn, caffeine, milk and alcohol.
3. Use a psyllium bulking agent available at grocery stores.
4. If you have normal to firm bowel movements, drink 2 Tablespoons of mineral oil daily as a lubricant (for 2 weeks only since it has been known to decrease vitamin absorption when taken long term). For loose bowel movements, be sure to follow step 2 above.
5. Once swelling is gone, treat with Doctor Butler's [Advanced Formula Hemorrhoid & Fissure Ointment](#) for two weeks. Apply to the anal canal and directly to tears.
6. If irritation occurs with the use of Doctor Butler's ointments, stop any exterior anus use and reduce the amount of ointment being applied to the anal canal. If condition becomes worse, discontinue use.
7. More than two bowel movements a day can be a symptom of irritability which can create a high level of acidity. This can affect the ability to heal. Avoid caffeine, milk and excessive alcohol. Using an over the counter anti-diarrhea medication may reduce the frequency of bowel movements on a temporary basis.

**The Doctor Is In:** Our goal is to help you *Leave the Pain Behind*. Because Doctor Butler's Hemorrhoid & Fissure Ointment has been shown to work so well for the conditions it is intended to treat, symptoms that do not improve after treating as directed above should be evaluated by a physician.

Regardless of your progress, everyone should seek the opinion of a local physician about colorectal cancer prevention. To learn more about your condition or treatment options visit: [doctorbutlers.com/disorders-treatments](http://doctorbutlers.com/disorders-treatments)

**Dr. Robert S. Cutler**  
Board Certified Proctologist

**For product support, email us:**  
[support@doctorbutlers.com](mailto:support@doctorbutlers.com)

