



POWERFUL HEALING • INSTANT RELIEF  
[www.doctorbutlers.com](http://www.doctorbutlers.com)

## Doctor Butler's Flushable Hemorrhoid Wipes Product Information Sheet

These wipes can be used to immediately reduce swollen and uncomfortable hemorrhoids. Use as directed for best results.

### How to use

- Use up to six times per day
- Wipe after bowel movements or whenever you need relief
- Can be used as a compress:
  1. Clean before use
  2. Fold a clean wipe in half and place in contact with irritated area for a soothing effect.
  3. Leave in place for up to 15 minutes and repeat as needed.



### Questions?

For any questions or concerns, please get in touch at [www.doctorbutlers.com/contact](http://www.doctorbutlers.com/contact)

### Additional information

Thank you for your purchase of Doctor Butler's Flushable Hemorrhoid Wipes with Organic Witch Hazel. Please visit [doctorbutlers.com](http://doctorbutlers.com) to learn about current promotions, treatment tips and complementary products. You can also learn about Dr. Robert Cutler, our product developer and a board-certified Proctologic Surgeon with more than 30 years of patient experience. Doctor Butler's hemorrhoid treatments contain Dr. Cutler's *bio-enhanced* formula designed to promote healing with a blend of plant, mineral, amino acid and essential oil ingredients. Use this wipe in combination with [Doctor Butler's 8 Step Treatment Plan](#) below for best results.

**Satisfaction Guarantee:** We completely stand behind our products with a 30-day satisfaction guarantee. Contact us at [support@doctorbutlers.com](mailto:support@doctorbutlers.com) with your order number if you'd like a refund. Please realize that some conditions require 1-2 weeks of treatment to receive optimal benefits. If your condition does not improve after applying Doctor Butler's for a full two weeks as directed, your condition may be too advanced and not within the intended use for any over the counter treatment. In this case, it is recommended you schedule an evaluation with a physician.

## Doctor Butler's 7 Step Treatment Plan To "Leave the Pain Behind"

1. Use Doctor Butler's Flushable Hemorrhoid Wipes before and after bowel movements and any other time in between up to six times a day for relief. Feel free to use the wipe as a moist compress during any of these treatment periods. Follow directions in the How To Use section above.
2. Drink 6-8 glasses of water daily and follow a high fiber diet which includes whole wheat cereals, bran, fruits and vegetables. Try to limit spicy foods, nuts, seeds, corn, popcorn, caffeine, milk and alcohol.
3. Use a psyllium bulking agent available at grocery stores.
4. If you have normal to firm bowel movements, drink 2 Tablespoons of mineral oil daily as a lubricant (for 2 weeks only since it has been known to decrease vitamin absorption when taken long term). For loose bowel movements, be sure to follow step 2 above.
5. If symptoms persist, this may indicate the presence of an anal fissure. Treat with Doctor Butler's [Advanced Formula Hemorrhoid & Fissure Ointment](#) for two weeks. Apply to the anal canal and directly to tears.
6. If irritation occurs with the use of Doctor Butler's Flushable Hemorrhoid Wipes, stop any exterior anus use and reduce the amount of ointment being applied to the anal canal. If condition becomes worse, discontinue use.
7. More than two bowel movements a day can be a symptom of irritability which can create a high level of acidity. This can affect the ability to heal. Avoid caffeine, milk and excessive alcohol. Using an over the counter anti-diarrhea medication may reduce the frequency of bowel movements on a temporary basis.

**The Doctor Is In:** Our goal is to help you *Leave the Pain Behind*. Because Doctor Butler's Hemorrhoid & Fissure Ointment has been shown to work so well for the conditions it is intended to treat, symptoms that do not improve within 1-2 weeks should be evaluated by a physician.

Regardless of your progress, everyone should seek the opinion of a local physician about colorectal cancer prevention. To learn more about your condition or treatment options visit: [doctorbutlers.com/disorders-treatments](http://doctorbutlers.com/disorders-treatments)

**Dr. Robert S. Cutler**  
Board Certified Proctologist

**For product support, email us:**  
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